



STATEMENT REGARDING THE UK COMPETITION DIVISIONS & AGE GRID 2023-2024

For the 2023-2024 season, following consultation, SCUK has made minimal changes to most divisions on the age grid, with the exception of IASF divisions. The IASF section of the age grid will be in line with the IASF's age changes for consistency for teams travelling outside of the UK to compete in these divisions.

Please note that the age of an athlete will be determined by 31.08.23 for most divisions.

The exception to this is for IASF divisions, where an athlete's eligibility is determined by their age in the year of competition. **PLEASE NOTE: There is no longer an age exception for IASF divisions which allows younger athletes to compete than the stated age ranges. Athletes must be the correct age for the 2023-2024 season to compete in these divisions.**

Any other changes to the grid are shown in **RED** and additions are shown in **BLUE**

Summary of Main Changes:

On the 2022-2023 Age Grid we stated that we would be narrowing the age ranges in some divisions. In line with that we have adjusted the bottom ages of the youth and junior divisions. Alongside this, as planned, we have introduced a maximum age difference of 10 years between the oldest and youngest athlete for all senior divisions with a bottom age of 16 or under.

Looking towards 2024-2025:

Moving forward, SCUK recognises that there are many divisions currently available which are not utilised or rarely utilised. We will continue to monitor this to determine how the age grid can be streamlined further without impacting a program's ability to field teams. For the 2024-2025 season SCUK will consider moving solely to the IASF divisions with the addition of the SCUK senior age grid categories.

For 2023-2024 we delayed raising the bottom age of Senior divisions from 11 to 12 due to the introduction of the 10 year span rule. We will monitor these divisions and will look at raising the bottom age cap of the senior divisions to 12 years old for 2024-2025



UK COMPETITION DIVISIONS & AGE GRID 2023-2024

Athlete age for the entire 2023-2024 season is determined by their age as of 31ST AUGUST 2023.

Exception: IASF International divisions (Cheer & Dance) – the eligible age for an athlete is determined by their age during 2024. EXAMPLE: If a 12-year-old athlete is participating in a division where the minimum age is 14; that athlete is legal for the division if the athlete turns 14 during 2024. EXAMPLE 2: An athlete who turns 13 after January 1st 2024 is eligible for a division where the maximum age is 12, as they will be 12 for at least 1 day during 2024.

THIS IS A COMPLETE LISTING OF POSSIBLE DIVISIONS. AN EVENT PRODUCER MAY CHOOSE TO OFFER ALL OF THESE OR THEY MAY OFFER A SELECTION. HOWEVER, WHEN THESE DIVISIONS ARE OFFERED, THEY WILL BE OFFERED AS SET OUT BELOW.

Exception: Speciality divisions may vary from EP to EP in some instances

Please note that if you are competing outside of the UK then division requirements/limits and age ranges may be different, and you will need to follow the guidelines set out by the Event Producer/Governing Body of that country.

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SCUK CROSSOVER POLICY:

An athlete cannot crossover onto more than 2 cheer teams (a maximum of 3 cheer teams total) and no more than 6 routines in total (inclusive of Cheer, Dance, Stunt Groups & Solos/Individuals) at any one event.

EPs may be more restrictive than this – please check with the relevant EP for further guidance.

Athletes may not crossover between different size teams in cheer divisions within the same age and level, regardless of the mandatory split guidelines. E.g. An athlete may compete on only one All Star Elite Cheer Youth 1 team. This does not apply to dance. E.g. An athlete may compete on both small junior pom and large junior pom.

Crossovers are NOT ALLOWED between Novice/Prep and All Star/International Cheer teams at the same event – Exception – an athlete may crossover between Novice/Prep divisions to Stunt Group divisions.

CLARIFICATION: An athlete may not crossover from Novice to Prep, Novice to All Star or Novice to International divisions. An athlete may not crossover from Prep to Novice, Prep to All Star or Prep to International. An athlete MAY crossover from All Star to International.

At Worlds bid events an athlete may compete on ONE TEAM ONLY in Worlds Bid divisions/rounds.

CLARIFICATION: At non worlds bid events an athlete can compete on more than one team in a division that is offered at worlds (as long as all other crossover guidelines are followed).

ROUTINE TIME LIMITS:

Timing will begin with the first choreographed movement or beat of music, whichever comes first.

Allstar Cheer Elite/University Cheer/School Cheer/Masters Cheer – Maximum 2 minutes 30 seconds

IASF Tiny, Mini, Youth, Junior, Senior & Open – Maximum 2 minutes 30 seconds

IASF Global:

- 30 second minimum to 40 second maximum for the opening cheer portion
- 20 second maximum to move from cheer portion and set up for the music portion
- 2:30 maximum for the music portion

IASF/University Non-Tumbling – Maximum 2 minutes

Prep Cheer – Maximum 2 minutes

Novice Cheer – Maximum 1 minute 30 seconds

Dance – Minimum 1 minute 45 seconds. Maximum 2 minutes 15 seconds

Stunt Groups, Partner Stunts & Individuals/Solos – Maximum 1 minute 15 seconds

CHEER DIVISIONS

NOVICE CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
TINY NOVICE	TN	3-6	Female/Male	5-30	1
MINI NOVICE	MN	5-8	Female/Male	5-30	1
YOUTH NOVICE	YN	6-11	Female/Male	5-30	1

Novice athletes may not cross over to All Star Prep, Allstar Elite or IASF International Cheer teams at the same event. Novice teams will follow the relevant IASF rules with the following additions:

No tosses permitted in these divisions – *Clarification: This includes ‘Sponge’ (also known as load in or Squish) tosses. Clarification: All waist level cradles are illegal.*

Teams will be evaluated on a rating system (Outstanding, Excellent, Superior) only and not scored against other teams. Tumbling skills are allowed and will follow the level rules for that level but will not be rated/required (See further restrictions for Tiny Novice teams below).

Tiny Novice Only: No building skills permitted (includes tosses, stunts & pyramids). The ONLY TWO TUMBLING skills allowed are cartwheels & forward rolls. Handstands, backbends/bridges, etc are not allowed.

Mini Novice & Youth Novice: Tumbling skills are allowed and will follow the level rules for that level but will not be rated/required. The rules are referenced below in relation to the IASF Rule they correspond with.

Level 1 additional rules:

STUNTS B1 - Two leg stunts may not immediately pass through an extended position.

STUNTS B1 -Single leg stunts are only allowed at waist level. CLARIFICATION - Prep level single leg stunts with additional base with hand/arm connection to top person prior to initiation and walk up shoulder stands are NOT ALLOWED.

STUNTS D1 - Up to a 1/4 twist allowed CLARIFICATION – The following skills are not allowed: Rebound ½ turn to prone; Wrap around; Up to ½ twist starts & ends on performing surface and only supported at the waist.

STUNTS C1 - Transitions TO prone position are not allowed.

DISMOUNTS B1 - Straight pop down dismounts are not allowed.

PYRAMIDS – Must follow IASF Cheer Level 1 rules as well as the additional stunt and dismount rules listed above.

ALL STAR PREP CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
TINY PREP	TP	3-6	Female/Male	5-30	1
MINI PREP	MP	5-8	Female/Male	5-30	1, 2.1
YOUTH PREP	YP	7-11	Female/Male	5-30	1, 2.1
JUNIOR PREP	JP	8-14	Female/Male	5-30	1, 2.1
SENIOR PREP	SP	11+ with at least 1 athlete 15 years or older	Female/Male	5-30	1, 2.1

All Star Prep athletes may not cross over to Novice, Allstar Elite or IASF International Cheer teams at the same event. Prep teams will follow the relevant IASF rules with the following additions: No tosses permitted in these divisions – *Clarification: This includes 'Sponge' (also known as load in or Squish) tosses. Clarification: All waist level cradles are illegal.*

In the All Star Prep levelling system the 1st number refers to the building level, the 2nd to the tumbling level. EXAMPLE: All Star Prep Level 2.1 follows level 2 building rules and level 1 tumbling rules.

PLEASE NOTE that it is our recommendation that Prep divisions be used for newer and less experienced athletes. Where possible, more experienced athletes should be placed in All Star divisions leaving a more even playing field for teams entering Prep divisions.

ALLSTAR ELITE CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
TINY	T	3-6	Female/Male	5-32	1
MINI	M	5-8	Female/Male	5-32	1, 2
YOUTH	Y	7-11	Female/Male	5-32	1, 2, 3
YOUTH	Y	8-11	Female/Male	5-32	4
YOUTH	Y	9-11	Female/Male	5-32	5
JUNIOR	J	8-14	Female/Male	5-32	1, 2, 3
JUNIOR	J	8-14	Female/Male	5-32	4
JUNIOR	J	9-14	Female/Male	5-38	5
JUNIOR	J	9-14	Female/Male	5-38	6
SENIOR	S	11+ with at least 1 athlete 15 years or older*	Female/Male	5-32	1, 2, 4.2
SENIOR	S	11+ with at least 1 athlete 15 years or older*	No Males	5-32	3, 4
SENIOR COED	SC	11+ with at least 1 athlete 15 years or older*	1+ Males	5-32	3, 4
SENIOR	S	11+ with at least 1 athlete 15 years or older*	Female/Male	5-38	5
OPEN	O	17+	Female/Male	5-32	1, 2
OPEN	O	17+	No Males	5-32	3, 4
OPEN COED	OC	17+	1+ Males	5-32	3, 4

NEW FOR 2023-2024:

For Senior divisions with a minimum age of 16 or below, the age spread of team members may not exceed 10 years. For example: A Senior Level 1 team with the youngest member aged 13, may not have any team members aged over 23 years old, as this would exceed the 10 year age span. Please note this only applies to SCUK divisions and does not include IASF divisions.

IASF CHEER DIVISIONS

Please note that the IASF have adjusted the ages on some divisions on IASF Age Grid for the 2023-2024 season. SCUUK's Age Grid will therefore reflect these decisions to keep consistency for teams. Please be aware that this may change again for the 2024-2025 season and coaches should keep this in mind when determining rosters with the intention of competing at The Summit, or other international events. Please note that divisions on this list aren't automatically offered as Summit/Worlds divisions – please check with the EPs offering bids for clarification.

DIVISION	DIVISION CODE	BIRTH YEARS	AGE	FEMALE/MALE	# ON TEAM	LEVELS
U12	IU12	2011-2016	7-12	Female/Male	5-30	1,2,3,4
U12	IU12	2011-2016	7-12	1 or more Males	5-30	5
U16	IU16	2007-2012	12-16	Female/Male	10-24	1, 2, 3
U16	IU16	2007-2012	12-16	No Males	10-24	4
U16 COED	IU16C	2007-2012	12-16	1+ Males	10-24	4
U18	IU18	2005-2010	14-18	Female/Male	10-24	1, 2
U18	IU18	2005-2010	14-18	No Males	10-24	3, 4, 5, 6
U18 COED	IU18C	2005-2010	14-18	1+ Males	10-24	3, 4, 5, 6
OPEN	IO	Born in 2008 or earlier	16+	No Males	10-24	3, 4, 5, 6
OPEN	IO	Born in 2007 or earlier	17+	No Males	10-24	7
OPEN COED	IOC	Born in 2008 or earlier	16+	1+ Males	10-24	3, 4
OPEN COED 4	IOC	Born in 2008 or earlier	16+	1-4 Males	10-24	5, 6
OPEN COED 4	IOC	Born in 2007 or earlier	17+	1-4 Males	10-24	7
OPEN COED 16	IOC	Born in 2008 or earlier	16+	5-16 Males	10-24	5, 6
OPEN COED 16	IOC	Born in 2007 or earlier	17+	5-16 Males	10-24	7
OPEN NON-TUMBLING	IO	Born in 2008 or earlier	16+	Female/Male	10-30	3NT, 4NT
OPEN NON-TUMBLING	IO	Born in 2008 or earlier	16+	No Males	10-30	5NT, 6NT
OPEN COED NON-TUMBLING	IO	Born in 2008 or earlier	16+	1-20 males	10-30	5NT, 6NT
OPEN NON-TUMBLING	IOC	Born in 2007 or earlier	17+	No Males	10-30	7NT
OPEN COED NON-TUMBLING	IOC	Born in 2007 or earlier	17+	1-20 males	10-30	7NT
GLOBAL	IG	Born in 2008 or earlier	16+	No Males	10-24	6
GLOBAL COED	IGC	Born in 2008 or earlier	16+	1-16 Males	10-24	6

Please note that the minimum team size for IASF International divisions is set to be increased back to 16 for the 2024-2025 season.

*IASF International Coed teams: The maximum numbers of males on a coed team may not exceed 2/3 of the total athletes on the team. EXAMPLE: If an IASF Open Level 5 Coed 16 team has a total of 18 athletes competing on the floor, the maximum number of males allowed on the team would be restricted to 12.

IASF DIVISION LIST AGE ELIGIBILITY:

The eligible age for an athlete is determined by the BIRTH YEARS column on the Age Grid. The IASF Age Grid is based on the year of Worlds. So, this year's Age Grid is based on 2024. Note that the format "U followed-by-age"

really means that age and younger. For example, U12 should be read as age 8 and younger. For the easiest understanding of athlete age eligibility, as stated above, use the BIRTH YEARS column.

MASTERS CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
MASTERS	MA	at least 75% of athletes aged 25+ with a minimum age of 17	Female/Male	5-38	1, 2

CHEER ABILITIES DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
CHEER ABILITIES YOUTH	CAY	8-12	Female/Male	Unlimited	2
CHEER ABILITIES JUNIOR	CAJ	12-16	Female/Male	Unlimited	2
CHEER ABILITIES SENIOR	CAS	12+ with at least 1 athlete 17 years or older	Female/Male	Unlimited	2

Cheer Abilities teams are limited to level 2 rules, in addition to no basket tosses permitted.

EPs may choose to offer Cheer Abilities as a competitive division as well as an Exhibition performance. Contact the individual EP for more information on this.

ADAPTIVE ABILITIES CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
ADAPTIVE ABILITIES YOUTH	AAY	8-12	Female/Male	5 to 30	1,2,3 (Beginner, Novice, Median)
ADAPTIVE ABILITIES JUNIOR	AAJ	12-16	Female/Male	5 to 30	1,2,3,4 (Beginner, Novice, Median, Advanced)
ADAPTIVE ABILITIES SENIOR ALL GIRL	AAAG	12+ with at least 1 athlete 17 years or older	No Males	5 to 30	1,2,3,4 (Beginner, Novice, Median, Advanced)
ADAPTIVE ABILITIES SENIOR COED	AASC	12+ with at least 1 athlete 17 years or older	1+ Males	5 to 30	1,2,3,4 (Beginner, Novice, Median, Advanced)

EPs offering Adaptive Abilities divisions should adhere to ICU general and division specific safety criteria, rules, and guidelines. https://cheerunion.org.ismmedia.com/ISM3/std-content/repos/Top/docs/ICU_Rules_TC-PC_2020.pdf

UNIVERSITY CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
UNIVERSITY ALL GIRL	UAG	17+ & must be registered students or graduated within last 4 years.	No Males	5-38	1, 2, 3, 4, 5, 6, 7
UNIVERSITY COED	UC	17+ & must be registered students or graduated within last 4 years.	1+ Males	5-38	1, 2, 3, 4, 5, 6, 7
UNIVERSITY NON-TUMBLING	UC	17+ & must be registered students or graduated within last 4 years.	Female/Male	5-38	2NT, 3NT, 4NT, 5NT, 6NT, 7NT

All members are at least 17 years old (on August 31st 2023) and 90% of the team are current students at the named University. 10% of the team can be past students/alumni, if they have graduated from the named University within the past 4 years. Proof of University eligibility required – including University Student ID and/or proof of graduation at the named University within a 4-year period up to the event date. It is the responsibility of the University team to ensure that all participants are covered under the provisions of their own University rules and insurance.

DANCE DIVISIONS

DANCE DIVISION	DIVISION CODE	AGE	# ON TEAM	FEMALE/MALE
TINY	T	6 and under	4 or more dancers	Female/Male
MINI	M	9 and under	4 or more dancers	Female/Male
YOUTH	Y	12 and under	4 or more dancers	Female/Male
JUNIOR	J	15 and under	4 or more dancers	No Males
JUNIOR COED	JC	15 and under	4 or more dancers	1+ Males
SENIOR	S	11 years old with at least one dancer 16 or older	4 or more dancers	No Males
SENIOR COED	SC	11 years old with at least one dancer 16 or older	4 or more dancers	1+ Males
INTERNATIONAL U16	IU16	12-16 years old	6-30 dancers	Female/Male
INTERNATIONAL OPEN*	IO	16 years and older (Born 2008 or earlier)	6-30 dancers	No Males
INTERNATIONAL OPEN COED*	IOC	16 years and older (Born 2008 or earlier)	6-30 dancers	1+ Males
INTERNATIONAL OPEN ALL MALE	IOM	16 years and older (Born 2008 or earlier)	6-30 dancers	No Females
UNIVERSITY**	U	17 years and older	4 or more dancers	No Males
UNIVERSITY COED**	UC	17 years and older	4 or more dancers	1+ Males
MASTERS DANCE	MA	at least 75% of athletes aged 25+ with a minimum age of 17	4 or more dancers	Female/Male
DANCE ABILITIES YOUTH	DAY	8-12	Unlimited dancers	Female/Male
DANCE ABILITIES JUNIOR	DAJ	12-16	Unlimited Dancers	Female/Male
DANCE ABILITIES SENIOR	DAS	12+ with at least 1 athlete 17 years or older	Unlimited Dancers	Female/Male

NEW FOR 2023-2024:

For Senior divisions with a minimum age of 16 or below, the age spread of team members may not exceed 10 years. For example: A Senior team with the youngest member aged 13, may not have any team members aged over 23 years old, as this would exceed the 10 year age span. Please note this does not include the International Dance divisions.

* The eligible age for an athlete is determined by their age during 2024 (See page 2).

**All members are at least 17 years old (on August 31st 2023) and 90% of the team are current students at the named University. 10% of the team can be past students/alumni, if they have graduated from the named University within the past 4 years. Proof of University eligibility required – including University Student ID and/or proof of graduation at the named University within a 4-year period up to the event date. It is the responsibility of the University team to ensure that all participants are covered under the provisions of their own University rules and insurance.

All the above age divisions will be offered for each of the following styles - Pom, Jazz, Hip Hop, Lyrical/Contemporary and Traditional Pom (Cheer Dance)*. Prop and High Kick may also be offered. High Kick can now be offered at any age group as a Speciality Division – please contact the EP you wish to compete with to enquire if they are offering this division. **Please note that the International Open Coed divisions are only offered in Hip Hop, Jazz, Pom and Kick. The International Open All Male division is only offered in Hip Hop in line with IASF Dance Worlds.**

*Traditional Pom is otherwise known as Cheer Dance. Routines should incorporate Poms and Cheer inspired dance without technical dance skills. The main judging aspects are Formations, Synchronization, visual effects, and clean and precise motion technique as well as perfection and technique of the skills allowed. Dance Technical skills such as leaps of all kinds, pirouettes, fouettés, and kick lines are not permitted. Kicks, splits and jumps are permitted. Tumbling is not allowed. Dance lifts are allowed following the IASF Pom Guidelines. Contact the individual EP for more information.

Dance Team Sizes:

All of the above dance divisions can be split by size as follows (excluding IASF Dance divisions)

Small = 4-14

Large = 15 or more

An athlete may compete on both a large & small dance team of the same age and style. In this instance an EP **MUST** split the division into Small & Large so that the athlete does not have to compete against themselves.

Exception - IASF Dance Divisions follow the Team Size splits below:

Elite = 6-15

Premier = 16-30

An athlete may compete on both an Elite & Premier dance team of the same age and style. In this instance an EP **MUST** split the division into Elite & Premier so that the athlete does not have to compete against themselves.

Where female/male is specified in the above grids, this means that (other than overall team size) there are no restrictions on number of males as long as there is at least one male and at least one female. For IASF International Open Dance divisions, EPs may split categories further into All Girl, Co-ed and All Male.

Please be aware that age grids for dance vary from country to country, so you must ensure you follow the guidelines set by the event you will be competing at when competing outside of the UK.

ADAPTIVE ABILITIES DANCE DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
ADAPTIVE ABILITIES HIP HOP YOUTH	AAHHY	8-12		4 or more dancers	Female/Male
ADAPTIVE ABILITIES HIP HOP JUNIOR	AAHHJ	12-16		4 or more dancers	Female/Male
ADAPTIVE ABILITIES HIP HOP SENIOR	AAHHS	12+ with at least 1 athlete 17 years or older		4 or more dancers	Female/Male
ADAPTIVE ABILITIES FREESTYLE POM YOUTH	AAFPY	8-12		4 or more dancers	Female/Male
ADAPTIVE ABILITIES FREESTYLE POM JUNIOR	AAFPJ	12-16		4 or more dancers	Female/Male
ADAPTIVE ABILITIES FREESTYLE POM SENIOR	AAFPS	12+ with at least 1 athlete 17 years or older		4 or more dancers	Female/Male

EPs offering Adaptive Abilities divisions should adhere to ICU general and division specific safety criteria, rules, and guidelines. https://cheerunion.org.ismmedia.com/ISM3/std-content/repos/Top/docs/ICU_Rules_TC-PC_2020.pdf

SPECIALTY DIVISIONS

SCHOOLS CHEER DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
MINI	SCHM	5-8	Female/Male	5-30	1, 2
YOUTH	SCHY	7-11	Female/Male	5-30	1, 2, 3
JUNIOR	SCHJ	8-14	Female/Male	5-30	1, 2, 3
SENIOR	SCHS	11+ with at least 1 athlete 15 years or older	Female/Male	5-30	1, 2, 3

All team members must be current students at the named school.

STUNT GROUP DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	# ON TEAM	LEVELS
TINY STUNT GROUP	TSG	3-6	Female/Male	3 to 5 athletes	1
MINI STUNT GROUP	MSG	5-8	Female/Male	3 to 5 athletes	1, 2
YOUTH STUNT GROUP	YSG	7-11	Female/Male	3 to 5 athletes	1, 2, 3
YOUTH STUNT GROUP	YSG	8-11	Female/Male	3 to 5 athletes	4
YOUTH STUNT GROUP	YSG	9-11	Female/Male	3 to 5 athletes	5
JUNIOR STUNT GROUP	JSG	8-14	Female/Male	3 to 5 athletes	1, 2, 3
JUNIOR STUNT GROUP	JSG	9-14	Female/Male	3 to 5 athletes	4, 5
JUNIOR STUNT GROUP	JSG	9-14	Female/Male	3 to 5 athletes	6
JUNIOR PARTNER STUNT	JPS	9-14	Female/Male	2 athletes	6
SENIOR STUNT GROUP	SSG	11+ with at least 1 athlete 15 years or older	Female/Male	3 to 5 athletes	1, 2
SENIOR STUNT GROUP	SSG	11+ with at least 1 athlete 15 years or older	No Males	3 to 5 athletes	3, 4, 5
SENIOR STUNT GROUP	SSG	12+ with at least 1 athlete 15 years or older	No Males	3 to 5 athletes	6
SENIOR COED STUNT GROUP	SCSG	11+ with at least 1 athlete 15 years or older	1+ Males	3 to 5 athletes	3, 4, 5
SENIOR COED STUNT GROUP	SCSG	12+ with at least 1 athlete 15 years or older	1+ Males	3 to 5 athletes	6
SENIOR PARTNER STUNT	SPS	12+ with at least 1 athlete 15 years or older	Female/Male	2 athletes	6
OPEN/UNIVERSITY* STUNT GROUP	O/USG	17+	Female/Male	3 to 5 athletes	1, 2
OPEN/UNIVERSITY* STUNT GROUP	O/USG	17+	No Males	3 to 5 athletes	3, 4, 5, 6, 7
OPEN/UNIVERSITY* COED STUNT GROUP	O/UCSG	17+	1+ Male	3 to 5 athletes	3, 4, 5, 6, 7
OPEN/UNIVERSITY* PARTNER STUNT	O/UPS	17+	Female/Male	2 athletes	6, 7

NEW FOR 2023-2024:

For Senior divisions with a minimum age of 16 or below, the age spread of team members may not exceed 10 years. For example: A Senior Level 1 stunt group with the youngest member aged 13, may not have any team members aged over 23 years old, as this would exceed the 10 year age span.

* University divisions: All members are 17 years old (on August 31st 2023) or older and are current students at the named university. Exception: 1 athlete per stunt group can be a past student/alumnus, if they have graduated from the named university within the past 4 years.

ADAPTIVE ABILITIES STUNT GROUP DIVISIONS

ADAPTIVE ABILITIES STUNT GROUP YOUTH	AASGY	8-12	Female/Male	3 to 5 athletes	1,2,3
ADAPTIVE ABILITIES STUNT GROUP JUNIOR	AASGJ	12-16	Female/Male	3 to 5 athletes	4
ADAPTIVE ABILITIES STUNT GROUP SENIOR	AASGS	12+ with at least 1 athlete 17 years or older	Female/Male	3 to 5 athletes	1,2,3,4
ADAPTIVE ABILITIES PARTNER STUNT JUNIOR	AAPSJ	12-16	Female/Male	2 athletes	6
ADAPTIVE ABILITIES SENIOR PARTNER STUNT	AAPSS	12+ with at least 1 athlete 17 years or older	Female/Male	3 to 5 athletes	6

EPs offering Adaptive Abilities divisions should adhere to ICU general and division specific safety criteria, rules, and guidelines. https://cheerunion.org.ismmedia.com/ISM3/std-content/repos/Top/docs/ICU_Rules_TC-PC_2020.pdf

CHEER INDIVIDUAL AND DANCE SOLO DIVISIONS

ATHLETES MUST BE ENTERED INTO THE DIVISION RELEVANT FOR THEIR AGE. e.g. A Tiny age athlete cannot enter a Mini Cheer Individual in order to perform skills higher than Level 1.

This is the recommendation from SportCheer UK for individual divisions, but EPs may choose to define ages and levels for these divisions differently.

CHEER INDIVIDUAL DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE	LEVELS
TINY	TCI	3-6	Female/Male	1
MINI	MCI	7-8	Female/Male	2
YOUTH	YCI	9-11	Female/Male	5
JUNIOR	JCI	12-14	Female/Male	6
SENIOR	SCI	15-16	Female/Male	6
OPEN	OCI	17+	Female/Male	7

DANCE SOLO DIVISIONS

DIVISION	DIVISION CODE	AGE	FEMALE/MALE
TINY	TDS	3-6	Female/Male
MINI	MDS	7-8	Female/Male
YOUTH	YDS	9-11	Female/Male
JUNIOR	JDS	12-14	Female/Male
SENIOR	SDS	15-16	Female/Male
OPEN	ODS	17+	Female/Male

Dance solos will be offered in the following styles: pom, jazz, hip hop and lyrical/contemporary.

Cheer Individual and Dance Solo division splits – Event Producers may split Youth, Junior, Senior and Open Cheer Individual and Dance Solo divisions into male and female if there are at least 3 athletes in each division following the split.

DIVISION SPLIT/MERGE GUIDELINES

SCUK provides guidelines for COMBINING and/or SPLITTING divisions in the best interest of providing a competitive environment. Whenever possible, there should be at least 3 teams in any given division and level. The guidelines listed herein will provide the basis for how this will be accomplished. There will be instances, however, where there are not permissible combinations thus having a division that may only have one team.

Definitions for this section:

May means that an Event Producer is **permitted** to combine or split but is **not required**. Anything that reads **may** is left to the discretion of the Event Producer.

Must or Mandatory means that an Event Producer is **required** to combine or split if the division meets the criteria set forth in the guidelines.

May not means that an Event Producer is **prohibited** to combine or split the division.

Teams of different levels may not be combined into one division.

Teams of different ages may not be combined into one division.

NOVICE CHEER

COMBINING DIVISIONS:

Novice divisions **may not** be combined.

SPLITTING DIVISIONS:

Novice divisions **may not** be further split.

ALL STAR PREP CHEER

COMBINING DIVISIONS:

All Star Prep divisions **may not** be combined.

SPLITTING DIVISIONS:

All Star Prep teams **may** be split by size as per the split guidelines for All Star Elite cheer (see below).

ALL STAR ELITE CHEER

COMBINING DIVISIONS:

The following combinations are permitted in the event of a single team registering in either division:

- Senior Coed Level 3 and Senior Level 3
- Senior Coed Level 4 and Senior Level 4
- Open Coed Level 3 and Open Level 3
- Open Coed Level 4 and Open Level 4
- Open and corresponding University divisions (e.g. University Level 1 and Open Level 1)

If there is one Coed registration and/or one all-girl registration, the division **may** be combined.

If there is one open registration and/or one university registration, the divisions **may** be combined.

After the division is combined, the Event Producer **must** follow the mandatory split guidelines if applicable.

No other combinations are permitted.

SPLITTING DIVISIONS:

Divisions may be split by size, coed/all girl or in some cases, by additional optional splits. **The order in which these splits must be made depends on the division as follows.**

DIVISION	1ST SPLIT	2ND SPLIT	3RD SPLIT
TINY 1	SIZE (mandatory)	A/B (optional)	N/A
MINI 1/2	SIZE (mandatory)	A/B (optional)	N/A
YOUTH 1/2/3/4/5	SIZE (mandatory)	A/B (optional)	N/A
JUNIOR 1/2/3/4	SIZE (mandatory)	A/B (optional)	N/A
JUNIOR 5	COED (mandatory)	SIZE (mandatory)	A/B (optional)
JUNIOR 6	COED (mandatory)	SIZE (optional)	A/B (optional)
SENIOR 1/2/3/4	SIZE (mandatory)	A/B (optional)	N/A
SENIOR 4.2/5	COED (mandatory)	SIZE (mandatory)	A/B (optional)
SENIOR COED 3/4	SIZE (mandatory)	A/B (optional)	N/A
OPEN 1/2/3/4	SIZE (mandatory)	A/B (optional)	N/A
OPEN COED 3/4	SIZE (mandatory)	A/B (optional)	N/A
ALL STAR PREP	SIZE (mandatory)	A/B (optional)	N/A
UNIVERSITY CHEER	SIZE (mandatory)	A/B (optional)	N/A

If the 1st mandatory split cannot be made without leaving a single team in a division, but the 2nd mandatory split CAN be made, the Event Producer **may** make this 2nd split at their discretion, despite the 1st split not having been made. This is an optional split. E.g. Where the first split is listed as COED and this cannot be made, an EP **may** split by size.

A division **may not** be split into A/B unless the mandatory size split has first been made. **EXCEPTION: University Divisions - Due to the nature of these divisions (often larger team sizes) EPs may split University Divisions using a 'natural break' in the division by size to ensure a more even playing field. This may be done instead of the usual mandatory size split as the first split option. EPs may choose to name these divisions in relation to size e.g. 'Small' & 'Large' but what constitutes as Small or Large may vary from event to event and between divisions dependant on the team sizes of the entries received.**

MANDATORY COED SPLITS

Coed splits only apply to the divisions listed below. If the division is not listed below, a coed split is **NEVER** an option:

- Junior Level 5
- Junior Level 6
- Senior Level 4.2
- Senior Level 5

Coed splits should be used when there will be 3 or more teams in each respective division.

MANDATORY SPLITS BY SIZE

Levels 1-4 and 4.2 and All Star Prep:

Event Producers **must** split the division into X-Small and Small/Medium when there are at least **three** teams that will ultimately be registered in each respective division. The designation of X-Small & Small/Medium divisions must follow the team sizes below:

X-Small = 5-14 athletes | Small/Medium = 15-32 athletes

Youth Level 5, Junior Levels 5 & 6:

Event Producers **must** split the division into Small & Large divisions when there are at least **three** teams that will ultimately be registered in each respective division. The designation of Small & Large divisions must follow the team sizes below:

Small = 5-22 athletes | Large = 23-38 athletes

ADDITIONAL OPTIONAL SPLITS

Levels 1-4 and 4.2 and All Star Prep: Event Producers **may** split the division into X Small, Small & Medium when there are at least **three** teams that will ultimately be registered in each respective division. The designation of X Small, Small & Medium must follow the team sizes below:

X Small = 5-14 members

Small = 15-22 members

Medium = 23-32 members

Youth Level 5, Junior Levels 5 & 6

Following the mandatory split by size, an Event Producer **may** further split by size when there are at least **three** teams that will ultimately be registered in each division:

Small → X-Small = 5-14 athletes | Small = 5-22 athletes

Large → Medium = 23-32 athletes | Large = 33-38 athletes

All divisions:

A/B SPLIT – if after implementing the mandatory split there are **10 or more** teams in any given division, then Event Producers **may** split that division further by team size. Event Producers will use a name such as “Group A”, “Group B” etc. to denote the split and must clearly define the number of competitors permitted on the team for each of these particular divisions. A/B splits may not be made unless the mandatory split(s) have also been made.

SPLIT EXCEPTION FOR TEAMS FROM THE SAME PROGRAMME

Teams from the same programme **regardless of their location** will not have to compete against themselves if they have 2 teams of a different size that coincide with the **MANDATORY SPLIT TEAM SIZE** for their respective levels. A mandatory split would occur even it means that a division is left with only one team performing.

Levels 1-4 and 4.2: Teams from the same programme will not compete against themselves if they have X-Small and Small/Medium teams in the same division and level. There is NOT a mandatory split for X-Small/Medium or Small/Medium team sizes from the same programme in the same division and level. Athletes may not crossover between different size teams in divisions within the same level.

Level 5 and Junior Level 6: Teams from the same programme will not compete against themselves if they have a Small and Large team in the same division and level. There is NOT a mandatory split for X-Small/Small or Medium/Large team sizes from the same programme in the same division and level.

NOTE: Teams of the same size from the same programme will NOT be split and **must** compete against each other.

IASF INTERNATIONAL CHEER

SPLITTING DIVISIONS:

IASF International divisions may be further split. Please see IASF Cheer Age Grid for the split parameters. IASF Open Non Tumbling divisions MAY be combined with University Non Tumbling divisions to avoid a one team division.

UNIVERSITY CHEER

COMBINING DIVISIONS:

The following combinations are permitted in the event of a single team registering in either division:

- Open and corresponding University divisions (e.g. University Level 1 and Open Level 1)
- International Open Non Tumbling & University Non Tumbling divisions

If there is one open registration and/or one university registration, the divisions **must** be combined unless it will mean an athlete competing against themselves.

After the division is combined, the Event Producer **may** follow the mandatory split guidelines if applicable or may utilise the exception listed on page 11*.

SPLITTING DIVISIONS:

The Event Producer **may** follow the mandatory split guidelines if applicable or may utilise the exception listed on page 11*.

***(EXCEPTION from Page 11: Due to the nature of these divisions (often larger team sizes) EPs may split University Divisions using a 'natural break' in the division by size to ensure a more even playing field. This may be done instead of the usual mandatory size split as the first split option. EPs may choose to name these divisions in relation to size e.g. 'Small' & 'Large' but what constitutes as Small or Large may vary from event to event and between divisions dependant on the team sizes of the entries received.)**

When Open & University divisions are combined, they will be denoted as Open divisions and will follow the Open division guidelines.

SCHOOLS CHEER

Split/merge protocol is at the discretion of the Event Producer as this is considered a specialty division.

DANCE

Event Producers will split divisions first by size and then by gender.

Splitting Divisions into Small and Large Team

If there will be 3 or more teams in either the Small or Large division in Tiny, Mini, Youth, Junior and/or Senior Divisions within the same Category, these division **MUST** be split.

Clarification: Small and Large will always remain split if it means that a programme will compete against itself. (Example: Senior Small Pom and Senior Large Pom teams from the same programme will not be combined into one division that would cause them to compete against each other. If a programme chooses to register two teams in the same Age, Team Size and Category (e.g. Senior Small Pom), the teams will compete against each other.

When there are 10 or more teams in any Small or Large division, an Event Producer **may** further split that division by team size, provided a minimum of three teams remain in all resulting divisions.

International divisions **MUST** be split using the IASF Dance size guidelines of Elite (6-15) and Premier (16-30) if an athlete would otherwise be competing against themselves.

For IASF International Open Dance divisions, EPs may split categories further into All Girl, Coed, and All Male.

Combining Age and Gender

If there is only one team registered in any Junior or Senior Division within the same category, the Event Producer **MUST** combine the divisions as long as a programme is not forced to compete against itself:

Eg: Junior with Junior Coed, Senior with Senior Coed